

De epicondylitis bestaat niet

Wie is Bill Vicenzino?



Dr Bill Vicenzino

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In 1980 studeerde Vicenzino af als fysiotherapeut in Queensland, Australië. Hij werkt er als manueel therapeut en sportfysiotherapeut parttime in een particuliere praktijk. Aan de Universiteit van Queensland is hij senior Lecturer op het *Department of Physiotherapy* en is directeur van de *Musculoskeletal Pain and Injury Research Unit*. Over de hele wereld wordt hij gevraagd als spreker op congressen en voor workshops. Inmiddels heeft hij ruim vijftig artikelen gepubliceerd.

Achtergrond van de evidence, waarop de cursus is gebaseerd:

Verschillende experts hebben bijgedragen aan deze aanpak. Verwijzingen naar deze experts en dankbetuigingen in het volgende artikel (Masterclass Paper), gepubliceerd in *Manual Therapy*:

Vicenzino, B., Lateral epicondylalgia: A musculoskeletal physiotherapy perspective. *Manual Therapy*, 2003. 8(2): p. 66-79.

Referenties:

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- Vicenzino, B. and A. Wright. *Spinal Manipulative Therapy for Chronic Lateral Epicondylalgia: A Single Case Study*. in *Musculoskeletal Physiotherapy Australia 12th Biennial Conference "More Than Skin Deep"*. 2001. Adelaide, South Australia: Musculoskeletal Physiotherapy Australia.
- Enkele gepubliceerde outcome research van deze aanpak, incl. referenties zijn:
- Kochar, M. and A. Dogra, *Effectiveness of a specific physiotherapy regimen on patients with tennis elbow*. *Physiotherapy*, 2002. 88: p. 333-41.
- Paungmali, A., et al., *Hypoalgesia and sympathoexcitatory effects of mobilisation with movement for lateral epicondylalgia*. *Physical Therapy*, 2003. 83(4): p. 374-383.
- Paungmali, A., et al., *Naloxone Fails To Antagonise Initial Hypoalgesic Effect Of A Manual Therapy Treatment For Lateral Epicondylalgia*. *Journal of Manipulative & Physiological Therapeutics*, 2003. (in press)
- Paungmali, A., B. Vicenzino, and M. Smith, *Hypoalgesia induced by elbow manipulation in chronic lateral epicondylalgia does not exhibit tolerance*. *Journal of Pain*, 2003. (in press)
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- Pienimaki, T., et al., *Long-term follow-up of conservatively treated chronic tennis elbow patients. A prospective and retrospective analysis*. *Scandinavian Journal of Rehabilitation Medicine*, 1998. 30(3): p. 159-166.
- Pienimaki, T., P. Siira, and H. Vanharanta, *Muscle function of the hand, wrist and forearm in chronic lateral epicondylitis*. *European Journal of Physical Medicine and Rehabilitation*, 1997. 7(6): p. 171-8.
- Pienimaki, T., *Conservative treatment and rehabilitation of tennis elbow: a review article*. *Critical Reviews in Physical and Rehabilitation Medicine*, 2000. 12(3): p. 213-28.
- *Smidt, N., et al., Effectiveness of physiotherapy for lateral epicondylitis: a systematic review. *Annals of Medicine*, 2003. 35(1): p. 51-62.**
- Vicenzino, B., et al., *Specific manipulative therapy treatment for chronic lateral epicondylalgia produces uniquely characteristic hypoalgesia*. *Manual Therapy*, 2001. 6(4): p. 205-212.
- Vicenzino, B., et al., *A preliminary investigation of the initial effects of elbow taping on pain free grip strength and pressure pain threshold*. *Journal of Orthopaedic & Sports Physical Therapy*, 2003. 33(400-407)